### Chicago Family Asthma & Allergy, S.C.

### NOTICE OF OUR PRIVACY PRACTICES

As Required by the Privacy Regulations Created as a Result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA)

THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU (AS A PATIENT OF OUR PRACTICE) MAY BE USED AND DISCLOSED, AND HOW YOU CAN GET ACCESS TO YOUR INDIVIDUALLY IDENTIFIABLE HEALTH INFORMATION.

### PLEASE REVIEW THIS NOTICE CAREFULLY.

#### A. OUR COMMITMENT TO YOUR PRIVACY

Our practice is dedicated to maintaining the privacy of your protected health information (PHI). In conducting our business, we will create records regarding you and the treatment and services we provide to you. We are required by law to maintain the confidentiality of health information that identifies you. We also are required by law to provide you with this notice of our legal duties and the privacy practices that we maintain in our practice concerning your PHI. By federal and state law, we must follow the terms of the notice of privacy practices that we have in effect at the time.

We realize that these laws are complicated, but we must provide you with the following important information:

- · How we may use and disclose your PHI
- Your privacy rights in your PHI
- Our obligations concerning the use and disclosure of your PHI

The terms of this notice apply to all records containing your PHI that are created or retained by our practice. We reserve the right to revise or amend this Notice of Privacy Practices. Any revision or amendment to this notice will be effective for all of your records that our practice has created or maintained in the past, and for any of your records that we may create or maintain in the future. Our practice will post a copy of our current Notice in our offices in a visible location at all times, and you may request a copy of our most current Notice at any time.

### B. IF YOU HAVE QUESTIONS ABOUT THIS NOTICE, PLEASE CONTACT:

Dr. Aaron Donnell, at our Chicago office located at 2551 N Clark Street, Chicago, IL, 60614, telephone number (773) 388-2322.

# C. WE MAY USE AND DISCLOSE YOUR INDIVIDUALLY IDENTIFIABLE HEALTH INFORMATION (PHI) IN THE FOLLOWING WAYS

- **1. Treatment**. Our practice may use your PHI to treat you. For example, we may ask you to have blood work or a CT scan, and we may use the results to help us reach a diagnosis. We might use your PHI in order to write a prescription for you, or we might disclose your PHI to a pharmacy when we order a prescription for you. Many of the people who work for our practice including, but not limited to, our doctors and nurses may use or disclose your PHI in order to treat you or to assist others in your treatment. Additionally, we may disclose your PHI to others who may assist in your care, such as your spouse, children or parents.
- **2. Payment**. Our practice may use and disclose your PHI in order to bill and collect payment for the services and items you may receive from us. For example, we may contact your health insurer to certify that you are eligible for benefits (and for what range of benefits), and we may provide your insurer with details regarding your treatment to determine if your insurer will cover, or pay for, your treatment. We also may use and disclose your PHI to obtain payment from third parties that may be responsible for such costs, such as family members. Also, we may use your PHI to bill you directly for services and items.
- **3. Health Care Operations**. Our practice may use and disclose your PHI to operate our business. As examples of the ways in which we may use and disclose your information for our operations, our practice may use your PHI to evaluate the quality of care you received from us, or to conduct cost-management and business planning activities for our practice.
- **4. Appointment Reminders**. Our practice may use and disclose your PHI to contact you or a relative and to remind you of an appointment.

- **5. Health-Related Benefits and Services**. Our practice may use and disclose your PHI to inform you of health-related benefits or services that may be of interest to you.
- **6. Release of Information to Family/Friends**. Our practice may release your PHI to a friend or family member that is involved in your care, or who assists in taking care of you. For example, a parent or guardian may ask that a babysitter take a child to our office for treatment of a possible sprain or fracture. In this example, the babysitter may have access to this child's medical information.
- **7. Disclosures Required By Law**. Our practice will use and disclose your PHI when we are required to do so by federal, state or local law. Examples at listed below.

## D. USE AND DISCLOSURE OF YOUR PHI IN CERTAIN SPECIAL CIRCUMSTANCES

The following categories describe unique scenarios in which we may use or disclose your protected health information.

- **1. Public Health Risks**. Our practice may disclose your PHI to public health authorities that are authorized by law to collect information for the purpose of:
  - maintaining vital records, such as births and deaths
  - reporting child abuse or neglect
  - preventing or controlling disease, injury or disability
  - notifying a person regarding potential exposure to a communicable disease
  - notifying a person regarding a potential risk for spreading or contracting a disease or condition
  - reporting reactions to drugs or problems with products or devices
  - notifying individuals if a product or device they may be using has been recalled
  - notifying appropriate government agencies and authorities regarding the
    potential abuse or neglect of an adult patient (including domestic
    violence); however, we will only disclose this information if the patient
    agrees or we are required or authorized by law to disclose this
    information
  - notifying your employer under limited circumstances related primarily to workplace injury or illness or medical surveillance.

- **2. Health Oversight Activities**. Our practice may disclose your PHI to state agencies and federal government authorities when required to do so. We may use and disclose your health information in order to assist others in determining you eligibility for public benefit programs and to coordinate delivery of those programs. For example, we must give PHI to the Secretary of Health and Human Services in an investigation into our compliance with the federal privacy rule.
- **3. Lawsuits and Similar Proceedings**. Our practice may use and disclose your PHI in response to judicial and administrative proceedings. Efforts may be made to contact you prior to a disclosure of your PHI to the party seeking the information.
- **4. Law Enforcement**. We may use and disclose your PHI in order to comply with requests pursuant to a court order, warrant, subpoena, summons, or similar process. We may use and disclose PHI to locate someone who is missing, to identify a crime victim, to report a death, to report criminal activity at our offices, or in an emergency.
- **5. Coroners, Medical Examiners, and Funeral Directors**. Our practice may use or disclose PHI to a coroner or medical examiner in some situations. For example, PHI may be needed to identify a deceased person or determine a cause of death. Funeral directors may need PHI to carry out their duties.
- **6. Organ and Tissue Donation**. Our practice may release your PHI to organizations that handle organ, eye or tissue procurement or transplantation, including organ donation banks, as necessary to facilitate organ or tissue donation and transplantation if you are an organ donor.
- **7. Research**. Our practice may use and disclose your PHI for research purposes in certain limited circumstances. We will obtain your written authorization to use your PHI for research purposes except when: (a) our use or disclosure was approved by an Institutional Review Board or a Privacy Board; (b) we obtain the oral or written agreement of a researcher that (i) the information being sought is necessary for the research study; (ii) the use or disclosure of your PHI is being used only for the research and (iii) the researcher will not remove any of your PHI from our practice; or (c) the PHI sought by the researcher only relates to decedents and the researcher agrees either orally or in writing that the use or disclosure is necessary for the research and, if we request it, to provide us with proof of death prior to access to the PHI of the decedents.
- **8. Serious Threats to Health or Safety**. Our practice may use and disclose your PHI when necessary to reduce or prevent a serious threat to your health and safety or the health and safety of another individual or the public. Under these

circumstances, we will only make disclosures to a person or organization able to help prevent the threat.

- **9. Armed Forces**. Our practice may use or disclose the PHI for Armed Forces personnel to the military for proper execution of a military mission. We may also use and disclose PHI to the Department of Veterans Affairs to determine eligibility for benefits.
- **10. National Security and Intelligence**. Our practice may use or disclose your PHI to maintain the safety of the President or other protected officials. We may use or disclose PHI for the conduct of national intelligence activities.
- 11. Correctional Institutions and Custodial Situations. Our practice may use or disclose your PHI to correctional institutions or law enforcement officials for the safety of individuals at the correctional institution, those that are responsible for transporting inmates, and others.
- **12. Work- Related Injuries**. Our practice may use and disclose PHI to an employer if the employer is conducting medical workplace surveillance or to evaluate work-related injuries.
- **13. Fundraising.** Our practice does not engage in fundraising activities or marketing activities, and need your authorization to do so.
- **14. Immunizations.** Our practice may release proof of immunization to a school where you are a student or prospective student. We must obtain and document your verbal or written agreement to release immunization information.

#### E. ILLINOIS LAW

Illinois law also has certain requirements that govern the use of disclosure of your PHI. In order for us to release information about mental health treatment, genetic information, your AIDS/HIV status, and alcohol or drug abuse treatment, you will be required to sign an Authorization form unless state law allows us to make the specific type of use or disclosure without your authorization.

### F. YOUR RIGHTS REGARDING YOUR PHI

You have the following rights under federal and state laws relating to your PHI. Some of these rights are described below:

**1. Communications**. You have the right to receive confidential communications about your PHI. For example, you may request that we only call you at home.

Our practice will accommodate **reasonable** requests. You do not need to give a reason for your request.

- **2. Requesting Restrictions**. You have the right to request on how your PHI is used for purposes of treatment, payment and health care operations. We are not required to accommodate to you request, except as required by law. The practice is required to comply with your request for restrictions on the use or disclosure of your PHI to health plans for payment or health care operations purposes when the practice has been paid out of pocket in full and the practice has been notified of the request for restriction in writing, and the disclosure is not required by law.
- **3. Inspect and Access**. You have the right to inspect your health information. This information includes billing and medical record information. You may not inspect your record in some cases. If your request to inspect your records in denied, we will send you a letter letting you know why and explaining your options.

You may have a paper or electronic copy of your PHI in most situations. If you request a copy of you PHI, we may charge you a fee for making the copies and mailing them to you, if you ask us to mail them.

- **4. Amendment**. If you believe there is an error in your PHI, you have a right to request that we amend your PHI. We are not required to agree with your request to amend.
- **5.** Accounting of Disclosures. All of our patients have the right to request an "accounting of disclosures." An "accounting of disclosures" is a list of certain non-routine disclosures our practice has made of your PHI for non-treatment or operations purposes. Use of your PHI as part of the routine patient care in our practice is not required to be documented; for example, the doctor sharing information with the nurse, or the billing department using your information to file your insurance claim. In order to obtain an accounting of disclosures, you must submit your request in writing to our Office Manager at the location specified in Section B., above. All requests for an "accounting of disclosures" must state a time period, which may not be longer than six (6) years from the date of disclosure and may not include dates before April 14, 2003. The first list you request within a 12-month period is free of charge, but our practice may charge you for additional lists within the same 12-month period. Our practice will notify you of the costs involved with additional requests, and you may withdraw your request before you incur any costs.
- **6. Right to a Paper Copy of This Notice**. You have a right to receive a paper copy of this document (Notice of Privacy Practices). You may ask us to give you a

copy of this notice at any time. To obtain a paper copy of this notice, contact our office. We have also posted this Notice at our offices and website.

- **7. Complaints**. If you believe your privacy rights have been violated, you may file a complaint with us by calling our practice Office Manager at 773-388-2322. We will not retaliate against you for filing a complaint. You may also file a complaint with the Secretary of Health and Human Services in Washington, DC if you feel your privacy rights have been violated.
- **8. Authorizations**. Our practice is required to obtain your written Authorization when we use or disclose your PHI in ways not described in this Notice or when we use or disclose your PHI as follows: for marketing purposes, for the sale of your PHI, or for uses and disclosures of psychotherapy notes (except certain uses and disclosures for treatment, payment, or health care operations). You may revoke your Authorization at any time in writing, except to the extent that we have already acted on your Authorization.

We are required to abide with terms of the Notice currently in effect; however, we may change this Notice. If we materially change this Notice, you can get a revised Notice on our website at www.chicagofamilyasthma.com or by stopping by our office to pick up a copy. Changes to the Notice are applicable to the health information we already have.

**EFFECTIVE DATE: 10/1/2013**